



## American Institute for Hyperhidrosis

1250 East Hallandale Beach Blvd, Suite # 805

Hallandale, FL 33009

Tel. (954) 455-5560 ~ Fax. (954) 455-7933 ~ Toll Free (800) 779-4509

[www.HandSweat.com](http://www.HandSweat.com) [info@handsweat.com](mailto:info@handsweat.com)

Dear Patient,

Thank you for your recent inquiry concerning a cure for hand, facial, underarm sweating and facial blushing, commonly known as hyperhidrosis and erythrophobia. To address your questions and concerns, I would like to provide you with some general information.

The endoscopic transthoracic sympathicotomy (ETS-C) surgical procedure is the most effective and safest treatment to cure hyperhidrosis and facial blushing. The procedure is available at North Shore Medical Center, in Miami, FL, and at St. Alexius Medical Center, in Hoffman Estates, IL (just outside Chicago).

Enclosed you will find valuable information about this very effective and safe procedure. ETS-C is performed by Dr. Egozi, Dr. Kennedy and Dr. Soper of the American Institute for Hyperhidrosis. These surgeons have extensive training and experience in both laparoscopic and endoscopic surgery, and the ETS-C procedure boasts a total success rate of 95%.

Hyperhidrosis of the hands, face, underarms or facial blushing is typically caused by overactivity of the sympathetic nervous system, the latter of which we have no conscious control over. Embarrassment, frustration and humiliation are usually the results that can often impede the quality of one's life.

North Shore Medical Center is located in Miami Florida (near South Beach and Bayside Marketplace). For more information you can visit: [www.NorthshoreMedical.com](http://www.NorthshoreMedical.com).

St. Alexius Medical Center is located in Hoffman Estates, Illinois (just outside the city of Chicago). This hospital is part of Alexian Brothers Health System, a diversified Catholic Healthcare System. The mission of St. Alexius is to continuously improve the health and wellness of area residents by anticipating the healthcare needs of the community and delivering value-driven, high quality, compassionate care. For more information you can visit: [www.StAlexius.org](http://www.StAlexius.org).

ETS-C is performed under general anesthesia. The surgeon accesses the inside of the rib cage through two small incisions, just 5mm in diameter, located on each side of the body just under the armpit. A small amount of carbon dioxide (a harmless gas) is insufflated into the area in order to gently push the lung aside. This provides a very clear view of the sympathetic nerve chain, which is located well outside of the vertebral column and just inside the chest cavity. The surgeon then places a tiny titanium clamp over the appropriate portion of the nerve responsible for the excessive sweating and/or blushing. ETS-C provides the potential for reversing the surgery, if for some reason the patient is not satisfied with the results. The most common reason for removing the clamps is due to compensatory sweating (typically on the lower stomach and back), which is very mild in most cases. In order for the reversal to be successful, the clamps must be removed within six months following surgery.

Again, our surgery has a success rate of 95%, and patients are released from the hospital just a few hours after the procedure.

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## Overview:

Our surgeons place much emphasis on the division of the Kuntz nerves, which are believed to be present in most individuals, but are often missed by surgeons who are inexperienced in locating those nerves. These tiny nerve fibers are believed to play a roll in those very rare occurrences when symptoms return following surgery.

After completion of the surgery, the gas is evacuated and the incisions are closed with absorbable sutures that will dissolve on their own.

During recovery, most patients experience only mild discomfort and may resume work or school within 48 hours, and return to extra curricular activities as soon as they feel up to it. Most health insurance companies will cover the cost of the ETS-C. Please contact us to enable us to verify your insurance. Our staff is experienced in this regard and will assist you in being approved for payment by your insurance provider. Occasionally insurance companies require you to try alternative treatments prior to undergoing surgery. Most such treatments are of little to no help to the patient.

Should you decide to have this procedure performed, we will also help you make all the necessary arrangements, such as travel and hotel accommodations

In order to help provide encouragement and confidence to our prospective patients, we offer testimonials. If you would like to contact patients that have had surgery please contact our office for a list of names, emails, and/or phone numbers of these patients.

If you have any further questions, do not hesitate to contact us at:  
Toll Free: 800-779-4509 or Local: 954-455-5560.  
American Institute for Hyperhidrosis

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## How to Start

There is no need to suffer any longer from:

Hand sweating, Facial sweating, Facial blushing, or Underarm sweating

***We will do our utmost to assist you and make it easy for you to get started!***

### Step 1. **Speak With Dr. Meyer**

Dr. Robert Meyer (PhD, Neuroscientist and Neurophysiologist) will give you more information about this procedure over the phone. He will ask important questions about your condition and medical history in order to make sure you are an appropriate candidate. You can use this opportunity to ask any questions you have about the procedure. In order to establish this phone call with Dr. Meyer, please call our office anytime between 9 am-5 pm EST, Monday- Friday.

### Step 2. **Insurance verification**

Please call us or email us with your health insurance information to enable us to verify your insurance. Most insurance companies will cover the cost of the procedure. Our staff is experienced in this regard and will assist you in being approved for payment by your insurance provider. Once you have spoken with Dr. Meyer, you can proceed with scheduling your procedure. If you do not have health insurance, financial assistance may be available.

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### Step 3. **Choose your surgery date**

Please call our office for the latest availability.

### Step 4. **Make your travel plans and hotel accommodations**

If you need assistance in booking your flight we can help you. We can also arrange hotel accommodations for you.

### Step 5. **Have your pre-operative medical clearance COMPLETED**

A physical exam by your doctor needs to be done, along with a written note stating that you are medically cleared for surgery. For patients who do not have health insurance, please contact our office so that we may provide you with additional information.

### Step 6. **IMPORTANT: Fill out your forms**

- Patient Medical History:** Must be filled out by either yourself or your doctor.
- Assignment of Benefits:** Must be signed.
- Credit Card Authorization:** If paying with a credit card, all documents must be completed and signed.
- Authorization to Request/Release medical Information:** Must be completed and signed.

### Step 7. **Make your payment**

The out-of-pocket expense paid to us reserves the date, the doctor, the hospital, etc. This may be paid as follows: Cashiers check (made out to The American Institute for Hyperhidrosis) Master card or Visa.

Mail payment to:

American Institute for Hyperhidrosis  
1250 E Hallandale Beach Blvd. #805, Hallandale Beach, FL 3300

### Step 8. **We will stay in touch with you after surgery**

After you return home, we will be more than happy to provide you with post-surgery follow-up. You will receive follow-up telephone calls from Dr. Meyer as well as follow-up questionnaires in the mail.

## **Most Frequently Experienced Side Effects of Endoscopic Transthoracic Sympathectomy**

There are two side effects that have been identified as a result of this procedure. They are:

#### **Increased sweating of the stomach and back:**

This symptom may be experienced by patients following surgery. Most patients tolerate this well and fewer than 5% describe it as troublesome.

#### **Increased sweating when exposed to spicy foods and/or odors:**

This symptom may be experienced by approximately 5% of patients treated. These side effects are typically regarded as minor inconveniences and are far more acceptable than hand and facial sweating, axillary (underarm) sweating or facial blushing.

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## Potential Complications

Complications that have been identified as a result of the procedure are:

**Bleeding or oxygen leaking from the lungs during surgery:**

Occurrence: 0.5% of patients. Bleeding is a risk in any surgical procedure. Air leakage can occur when the lung is adherent to the chest due to previous surgery or inflammation, however, this is rare and treatable.

**Horner's Syndrome:**

A slight drooping of the upper eyelid and slightly smaller pupil can occur in some individuals if the sympathetic nerve chain is situated lower than in most individuals. This portion of the nerve is normally located higher than where we routinely divide the nerve. This symptom is cosmetic and does not impair vision.

**Occurrence:** The risk of Horner's Syndrome is very small (less than 1% of patients), and can be corrected with plastic surgery.

## Positive Effects

- Dry and warm hands.
- Facial sweating or blushing will be eliminated or greatly reduced.
- Palpitations caused by anxiety may be reduced.
- Migraine headaches may be reduced.
- Trembling of the hands may improve after surgery.
- Underarm perspiration axillary sweating can be substantially reduced.
- Foot sweating may be reduced in approximately 50% of patients.
- Improved confidence.

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# CURRICULUM VITAE

## Leon Egozi, M.D.

Diplomate, American Board of Surgery  
General Surgery

**Office Address:** Mt. Siani Medical Center  
Medical Staff Office Pavilion  
4302 Alton Rd. #500  
Miami Beach, FL 33140  
Phone: (800) 779-4509  
Fax: (954) 455-7933

Aventura Hospital Medical  
21150 Biscayne Blvd. Suite #302  
Aventura, FL 33180

**Education:** University of Miami  
Undergraduate Coral Gables, FL  
1980-1983 Degree: Bachelor of  
Science, 1984  
Graduated Cum Laude

**Medical School** Medical College of  
1983-1987 Wisconsin  
Milwaukee, WI  
Degree: M.D.

**Internship/Residency** Flushing Hospital  
1987-1992 Medical Center  
Albert Einstein College of Medicine

**Board Certification:** American Board of Surgery  
December 13th, 1993

**Conferences Presented:** Flushing Hospital Medical Center  
Flushing, NY 5/92  
Grand Rounds: Melanoma

Cedars Medical Center  
Miami, FL 12/02/1992  
GI Conference: Laparoscopic Cholecystectomy

Mt. Sinai Medical Center  
Miami Beach, FL 3/30/1993  
Grand Rounds: Laparoscopic Cholecystectomy

**Conferences Presented:  
(continued)**

Mt. Sinai Medical Center  
Miami Beach, FL 04/05/1994  
Grand Rounds: Crohn's Disease

Mt. Sinai Medical Center  
Miami Beach, FL 11/08/1994  
Grand Rounds: Peptic Ulcer Disease

Mt. Sinai Medical Center  
Miami Beach, FL 04/07/1997  
Mammographers Radiological Society  
Breast Cancer

Mt. Sinai Medical Center  
Endocrinology: Basic Science Conf.  
Miami Beach, FL 12/06/1997, 10/03/1998

**Work History:**

Private Practice: 1992-present

**Professional Societies:**

Fellow American College of Surgeons  
Florida Medical Society  
Dade County Medical Association  
Fellow Southeastern Surgical Congress

**Research:**

Transplant Immunology  
New York Hospital: Dept. of Plastic Surgery  
Rockefeller University: Dept. of Immunology &  
Physiology

**Place of Birth:**

Chicago Illinois

**Publications:**

1. Use of the Internal Mammary Vein for Central Venous Access Surgery, Gynecology & Obstetrics; 71:343.1990
2. Donor Leukocyte Migration Following Extremity Transplant in Experimental Model. Plastic & Reconstructive Surgery; 90:999.1992
3. Anatomy of Dorsalis Pedis Artery and Its Use in Limb Salvage Surgery. Journal of Clinical Anatomy Vol. 5#4, 6/92
4. A complication of the Intracolonic Bypass, A Case Report. Dis Colon & Rectum; 36:191-93.1993

# CURRICULUM VITAE

## Dr. Thomas Schneider II

M.D., F.A.C.S.

Medical Director

Endovascular and Vascular Surgery

**Office Address:** SSM St. Charles Clinic Medical Group  
Department of Surgery  
400 First Capitol Drive  
St. Charles, MO 63301  
Phone: (636) 669-2332  
Fax: (636) 669-2375

**Education:** Blessed Philippine Duchesne High School  
St. Charles, Missouri  
1976-1980

St. Louis University  
St. Louis, Missouri  
Major: Liberal Arts Program  
(Advanced High School Program)  
1978-1980

Syracuse University  
Syracuse, New York  
B.S. (Summa cum laude), Biology  
1980-1984

Colgate University  
Geneva, Switzerland  
Major: International Relations  
Study Group  
1983

Boston, University School of Medicine  
Boston, Massachusetts  
M.D.  
1984-1988

**Post Graduate  
Education:** Residency in General Surgery  
St. Louis University Hospitals  
St. Louis, Missouri  
1988-1993  
Fellowship in Vascular Surgery  
University of North Carolina at Chapel Hill  
Chapel Hill, North Carolina  
1993-1994

**Board Certification:** American Board of Surgery  
(Surgery)  
May 1994

American Board of Surgery  
(Vascular Surgery)  
May 1995

**Medical Licensure:** Missouri State Board of Healing Arts  
MDR8N35  
1991

**Professional Societies and  
Association:**

Society of Vascular Surgery, Member  
American College of Surgeons, Fellow  
Peripheral Vascular Surgery Society, Member  
Society of Clinical Vascular Surgery, Member  
Society of Vascular Technology, Member  
Society of American Gastrointestinal Endoscopic  
Surgeons, Member  
St. Louis Surgical Society, Member  
Past President 2004-2006  
Executive Council, 2003-present  
St. Louis Vascular Society,  
Member Counselor 2005-present

**Professional Interest:** Endovascular Surgery  
Vascular Surgery

**Research Interest:** Principle Investigator (Local)  
Sapphire Carotid Stent Trial

Principle Investigator (Local)  
Renu Aortic Stent Graft Study

**Medical Staff Leadership:**

Medical Executive Committee  
SSM St Joseph Health Center  
and SSM St. Joseph Hospital West  
2000-2006

Chief of Staff  
SSM St. Joseph Health Center  
and St. Joseph Hospital West  
2002-2002

Chief of Surgery  
SSM St Joseph Health Center  
and SSM St. Joseph Hospital West  
2004-2006

SSM – St. Louis Technology Advancement Committee  
2008-2010

**Personal Interests:** Family Activities, Golf, Physical Fitness,  
Platform Tennis, Alpine Skiing, Wind Surfing

**Honorary Societies:** Phi Beta Kappa, elected 1988

## Bibliography:

“Evaluation of Proximal Gastric Vagotomy Via Cobaltous Chloride Chemoneurolysis In A Rat Model”, Thomas A. Schneider, II, MD, Stephen D. Fitzgerald, MD, Marie C. LaRegina, D.V.M., Charles H. Andrus, MD, F.A.C.S., Donald L. Kaminski, MD, F.A.C.S. ACS SURGICAL FORUM XLII: 177-179, 1991.

“The Endoscopic Congo Red Test During Proximal Gastric Vagotomy An Essential Procedure”, Thomas A. Schneider, II, MD, Charles H. Andrus, MD, F.A.C.S. SURGICAL ENDOSCOPY, 6:16-17, 1992.

“Squamous Cell Carcinoma of the Colon Rectum: Three Case Reports and Review of the Literature”, Thomas A. Schneider, II, MD, Desmond H. Birkett, MD, F.A.C.S., Anthony M. Vernava, III, MD, F.A.C.S. INTERNATIONAL JOURNAL OF COLORECTAL DISEASE, 7:144-147, 1992.

“Comparison of Minimally Invasive Methods of Parietal Cell Vagotomy in Porcine Model”, Thomas A. Schneider, II MD, Catherine M. Wittgen, MD, Charles H. Andrus, MD, F.A.C.S., Donald L. Kaminski, MD, F.A.C.S., SURGICAL ENDOSCOPY, 7:20, 1993.

“The Endoscopic Congo Red Test During Proximal Gastric Vagotomy: An Essential Procedure” (The Authors Reply), Thomas A. Schneider, II, MD, Charles H. Andrus, MD, F.A.C.S., SURGICAL ENDOSCOPY, 7:210, 1993.

“Proximal Gastric Vagotomy By Minimally Invasive Methods In An Acute Rat Model”, Catherine M. Wittgen, MD, Thomas A. Schneider, II, MD, Stephen D. Fitzgerald, MD, William M. Panneton, Ph.D., Marie C. LaRegina, D.V.M., Stephen Johnson, BA, Donald L. Kaminski, MD, F.A.C.S., Charles H. Andrus, MD, F.A.C.S., SURGICAL ENDOSCOPY, 7(4): 319-324, 1993.

“Diagnosis of Intestinal Ischemia: Nonangiographic Methods”, Thomas A. Schneider, II, MD, Anthony M. Vernava, III, MD, F.A.C.S., Walter E. Longo, MD, F.A.C.S., SEMINARS IN COLON AND RECTAL SURGERY, 4(4): 193-197, 1993.

“Malignant Proliferating Trichilemmal Tumor: Report of a Case Arising in the Setting of Proliferating Trichilemmal”, Michale J. Waligora, B.S., Paula J. Chor, MD, Thomas A. Schneider, II, MD, Glennon Schaefer, MD, F.A.C.S., EUROPEAN JOURNAL OF DERMATOLOGY, 3:279-281, 1993.

Evaluation of Alternative Proximal Gastric Vagotomy Techniques After Nine Months in a Rat Model”, Todd J. Neuberger, MD, Catherine M. Wittgen, MD, Thomas A. Schneider, II, MD, Charles H. Andrus, MD,

F.A.C.S., W. Michael Pannenton, Ph.D., Donald L. Kaminski, MD, F.A.C.S., GASTROINTESTINAL ENDOSCOPY, 40(3):316-320, 1994.

“Transthoracic Revascularization for Brachiocephalic Occlusive Disease”, Thomas A. Schneider, II, MD, Gary J. Peterson, MD, F.A.C.S., VASCULAR SURGERY, 28(4):233-239, 1994.

**Book Contributions:**

Thomas A. Schneider, II, MD and Blair A. Keagy, MD: The Management of Femoropopliteal Occlusive Disease. Current Surgical Therapy-5. Cameron, J., 1995

# CURRICULUM VITAE

## Dr. Stephen D'Orazio

M.D., F.A.C.S.

Medical Director

Endovascular and Vascular Surgery

**Office Address:** SSM Cardiovascular and Thoracic Surgery, Inc.  
400 First Capitol #301  
St. Charles, MO 63301  
Phone: (314) 647-8269

**Education:** La Salle College High School  
Cheltenham, PA  
1980

Lafayette College  
Easton, PA  
B.S. Biology with Honors  
1984

Jefferson Medical College  
M.D.  
Philadelphia, PA  
1988

**Post Graduate Education:** General Surgery – Internship  
St. Louis University Medical Center  
St. Louis, MO  
1988-1989

General Surgery – Residency  
St. Louis University Medical Center  
St. Louis, MO  
1989-1993

Cardiothoracic Surgery Fellowship  
St. Louis University Medical Center  
St. Louis, MO  
1993-1995

**Board Certification:** National Board of Medical Examiners - 1989

American Board of Surgery - 1994

American Board of Thoracic Surgery - 1996  
Re-certified - 2004

**Medical Licensure:** Missouri - # 100077 - 1992

Kansas - # 04-25581 - 1995

**Memberships:** Kansas Medical Society - 1995

Shawnee County Medical Society - 1995

The Southwestern Surgical Congress Fellow - 1996

American College of Surgeons Associate Fellow - 1996

Society of Thoracic Surgeons  
Candidate Membership - 1997

American College Chest Physicians Fellow - 1997

American College of Cardiology Fellow - 1997

**Present Staff Memberships:** DePaul Health Center  
Bridgeton, MO

St. Joseph Health Center  
St. Charles, MO

Des Peres Hospital  
St. Louis, MO

St. Mary's Health Center  
St. Louis, MO

Barnes Jewish St. Peters Hospital  
St. Peters, MO

St. Joseph Hospital  
Kirkwood, MO

**Bibliography:** Schwartz, G.F.; Goldberg, B.B.; Rifkin, M.D.; D'Orazio, S.E.: Ultrasonography: An Alternative to X-ray Guided Needle Localization of Nonpalpable Breast Masses. Surgery 104 (5): 870-3, 1988.

Schwartz, G.F., Goldberg, B.B.; Rifkin, M.D.; D'Orazio, S.E.: Ultrasonographic Localization of Nonpalpable Breast Masses. Ultrasound Med Biol Suppl (14) 1:23-5, 1988

D'Orazio, S.E., Naunheim, K.S.; Paletta, C.E., Barner H.B.: Squamous Carcinoma Metastatic to the Sternum. Ann Thorac Surg 50 (6): 984-6, Dec 1990.

Naunheim, K.S.; Kessler, K.A.; Judd, D.R.; D'Orazio S. E.; Fiore, A.C.; Kelly, K.; McBride, L.R.: Thoracotomy in the Octogenarian. Ann Thorac Surg 51 (4): 547-50, Apr 1991.

Fiore, A.C; Naunheim, K.S.; D'Orazio, S. E.; Kaiser, G.C.;  
McBride, L.R.; Pennington, D. G.; Peigh, P.S.; Willman,  
V.L.; Labivitz, A.J.; Barner, H.B.: Mitral Valve Replacement:  
Randomized Trial of St. Jude and Medtronic-Hall  
Prosthetic.  
Ann Thorac Surg 54 (1): 68-73, July 1992

D'Orazio, S. E.; Heiberg, E.M.; Johnson, F.E:  
Esophagogastrectomy for Leiomyosarcoma (cine-video).  
Presented to the Southwestern Surgical Society; Phoenix,  
AZ; May 1992. Presented to the American College  
of Surgeons; New Orleans, LA; Oct 1992.

**Personal Information:**

Birthdate: April 19, 1962  
City: Darby, PA  
Married to Marie, 2 children, Nicholas & Celeste

# CURRICULUM VITAE

## Dr. Jonathan Wallace

M.D., F.A.C.S.  
General Surgery

**Office Address:** 1614 West Central Rd. #105  
Arlington Heights, IL 60005  
(800) 779-4509 Phone  
(954) 455-7933 Fax

**Education:** Illinois State Medical License  
Active Status  
2003- present

Northwestern Memorial Hospital (Chicago, IL)  
General Surgery Resident  
1998-2003

Tufts University School of Medicine (Boston, MA)  
M.D. degree

Tufts University (Medford, MA)  
B.S., Biology, Magna Cum Laude  
1990-1994

**Medical Staff Appointment:** American Board of Surgery  
December 13th, 1993  
2005 – American College Surgeon

2003 – present Alexian Brothers Medical Center  
Department of Surgery

2003 – present Alexian Brothers Medical Center  
Department of Surgery

2003 – present St. Alexius Medical Center  
Department of surgery

**Honors and Awards:** 1997 - Alpha Omega Alpha Honor Society  
(elected in junior year)  
1993 - Paul A. Warren Award in Genetics for excellence in  
the study of Genetics at Tufts University

**Research and Publications:** Kane, J.; Rantis, P.; Guske, P.; Verseman, S.; Wallace, J;  
“Retrospective Study Comparing Stomal Stenosis Rates of  
the Gastro-jejunostomy in Laparoscopic Roux-en-Y Gastric

Bypass With and Without the Use of Nitinol Sutures (u-clips);” Poster at 21 st Annual American Society of Bariatric Surgeons meeting in San Diego, Ca; June, 2004

Iafrati, Mark; Wallace, Jonathan; Mackey, William, CEA in the Octogenarian, A Restrospective Study from the Department of Vascular Surgery at New England Medical Center (contributed four months of research to project)

Wallace, Jonathan; Schwaitzber, Steven; Miller, Kenneth; “Sometimes It Really is Appendicitis: Case of a CML Patient with Acute Appendicitis,” from the Departments of General Surgery and Heme/One at New England Medical Center

Stuppy, William P.; Wallace, Jonathan; “Distinctive Histologic Findings of the Duodenal Mucosa Associated with Non-Prandial Choleresis,” Gastrointestinal Endoscopy; Abstrat #298, Vol 40, No.2, Part 2, 1994

**Teaching Experience:**

1996 - Gross Anatomy Tutor  
Tutored members of first year class 1995

1995 - Gross Anatomy Instructor  
Taught three week course to MS1 class

1993 - Laboratory Teaching Assistant  
Genetics course at Tufts University

**Employment:**

1994 - Gross Anatomy Dissector – dissected cadaver to serve as model for following year's anatomy class  
1991/1993 Medical Assistant – total of 12 month employed at private Gastroenterology and Internal Medicine practice in Los Angeles

1990 - Budget Computer Rentals – Administrative assistant and tech support for Los Angeles based computer Rental Company

**Presentations:**

June 2003 “Same Day Laparoscopic Cholecystectomy at Northwestern: Factors Affecting Discharge” – Edelstone-Bendix Residents' Day Program and Lecture Northwestern Memorial Hospital ( 3rd Place Prize)

June 2002 “Surgical Options for Morbid Obesity” – surgical grand rounds, Evanston Hospital , Evanston Illinois

November 2000 “Mediastinal Tumors” – surgical grand rounds, Evanston Hospital , Evanston Illinois

July 1997 “Local Treatment of Rectal Cancer” – general/vascular/colorectal conference, Lahey-Hitchcock Medical Center , Burlington , Massachusetts

March 1997 “Carcinoid of the Appendix” – surgical grand rounds, Newton-Wellesley Hospital , Newton Massachusetts.

October 1996 “Neurologic Complications Following CABG” – neurology grand rounds, Lahey-Hitchcock Medical Center, Burlington , Massachusetts

**Organizations:**

2002 – present - Society of American Gastrointestinal Endoscopic Surgeons (candidate member)

2002- present - American College of Surgeons (associate fellow)

1998 – present - American Medical Association

1994 – 1998 - Massachusetts Medical Society (student member)

1992 – 1994 - Tufts Emergency Medical Service licensed Massachusetts Emergency Medical Technician volunteering at the Medford/Somerville campus.

**Background & Interests:**

Born March 1, 1973 in Hollywood, California

Married 4 years; daughter Caitlin

Enjoy golfing, snowboarding, computers and travel

## Dr Robert Meyer ph.D

After completing his bachelor's degree, Dr. Meyer applied to two schools with tremendous Neuroscience Ph.D. programs, and was accepted to both: The University of Mississippi (Ole Miss) and Northern Illinois University (NIU). He was recruited, as an undergraduate, by the Department of Neuroscience faculty at both schools as well as several others, with which Dr. Meyer shared specific neuroscience interests with key faculty members. Dr. Meyer chose NIU and, in 1986, was awarded a full scholarship (plus complete stipends) into their doctoral program. Out of more than 400 applicants in 1986, only three were selected into the Neuroscience Ph.D. program.

As an undergraduate, Dr. Meyer received the Sigma Xi research award (rarely awarded to undergraduates) and then received another one for his research at NIU. While at NIU, he was accepted into the International Society for Neuroscience Association and began presenting his (and his colleagues) research on specific neurodegenerative diseases at meetings held all over the world. Dr. Meyer completed his Masters degree in 1990, and his Ph.D. in 1993.

Dr. Meyer then applied for, and was awarded, a postdoctoral fellowship at the University of Michigan School of Medicine, in the Department of Neurology. During his three years there, he entered into, and helped develop, an experimental neurosurgical program involving first both cats and monkeys, and eventually humans, in which Dr. Meyer would design and lower an electrical probe into the brains of humans with Parkinson's disease. The goal of this research was to elucidate the basal forebrain neuronal mechanisms of learning and memory as they applied to neurodegenerative diseases such as Alzheimer's, Parkinson's, and Huntington's diseases. Dr. Meyer was awarded several federal government grants during this period. He was also invited as a Keynote Speaker, annually, in the Department of Neurology and gave numerous other presentations.

In 1996, Dr. Meyer applied for, and received, a coveted Intramural Research Fellowship Award at the National Institutes of Health, National Institute on Aging on the campus of Johns Hopkins University. Dr. Meyer was responsible for running the Neurodegenerative Diseases program within the Molecular Physiology and Genetics Section of the Neuroscience Core.

During his tenure at NIH, Dr. Meyer authored numerous articles in peer-reviewed journals as well as review articles and book chapters. He was also an invited editor for several professional journals. His work focused primarily on the acetylcholinergic/butyrylcholinergic mechanisms of Alzheimer's disease, but it was his work with the glutamatergic hypothesis of Alzheimer's disease that won him the esteemed NIH Fellows Award for Research Excellence in 1998. No postdoctoral fellow in the history of the Molecular Physiology and Genetics Section of NIH had ever won this esteemed and monetary award. Dr. Meyer continued to be an invited presenter of his work all over the world. While at NIH, he helped patent three different drugs (currently in clinical trials) for Alzheimer's disease.

In 2001, Dr. Meyer, with his expertise in autonomic nervous system dysfunction, temporarily left NIH in order to lead the American Institute for Hyperhidrosis, the latter a medical condition that he was not only very familiar with, but also had suffered from throughout his adult life. In 1997, he flew to Sweden in order to undergo bilateral, endoscopic transthoracic sympathectomy (ETS) for severe

craniofacial and palmar hyperhidrosis. After this successful surgery, he decided to take a leave from NIH in order to help others who suffered from this disabling condition. Now, the Director of the American Institute for Hyperhidrosis, Dr. Meyer oversees the Institute's workings and spends hours both consulting with prospective patients as well as physicians in an effort to educate such individuals on hyperhidrosis and its effective treatments.

Dr. Meyer is also researching the etiology of this condition (with fellow colleagues) and is the lead investigator of a study tentatively aimed to be published within two years, with a book to follow.

In his work with the American Institute for Hyperhidrosis, Dr. Meyer is responsible for leading the scientific direction of the Institute, as well as advising the Institute's surgeons of new and developing treatment trends as they pertain to hyperhidrosis. The bulk of Dr. Meyer's work involves consulting with prospective patients from all over the world, and advising the Institute's surgeons as to their reasonable candidacy for ETS surgery and the method of treatment. Dr. Meyer spends approximately 90% of his time consulting with patients both before and after surgery, with the remainder being devoted to educating the medical community as to this condition as well as researching the condition from a neurophysiological perspective.

Dr. Meyer is one of the most respected authorities in the field of hyperhidrosis and has written invited articles on the topic. He's been featured in the New Yorker magazine as an expert on the topic, and has been interviewed by Hugh Downs of 20/20 as well as Dateline NBC. He has traveled extensively to participate in the training of ETS surgeons, as well as to attend conferences specifically devoted to hyperhidrosis. He is an elected member of the International Society for Sympathetic Surgery and has participated vehemently in their conferences.

Since 1998, Dr. Meyer has, without question, established himself as a respected expert in the field of autonomic nervous system dysfunction; particularly hyperhidrosis, and its underlying mechanisms and treatment modalities.

Note: This synopsis of Dr. Meyer was co-authored by Dr. Goran Claes of Sweden; himself one of the leading pioneers of the ETS surgical procedure for hyperhidrosis.

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